



BEFORE YOUR SUGAR APPOINTMENT

- Please shower to clean the skin of any access oils etc.
- Do not wear any lotion, deodorant, oils, or other skin care products on the area you intend to have sugared.
- Come for your sugaring treatment with clean dry skin.
- If this is your first experience, please allow hair to grow 5-10 days prior to your appointment. Hair must be ¼ inch long.
- Do not shave or trim area to be sugared.
- If you are pain-sensitive, please take your preference of painkiller 30 minutes prior to your appointment. This will make you relaxed.
- Do not drink alcohol prior to your sugaring appointment.
- You will be asked to fill out a client information record prior to service.

AFTERCARE INFORMATION

Exfoliate: 2 days before and 2 days after treatment and between treatments for optimal health of your skin. Our in house product recommendation is PFB Vanish and Tend Skin. Your service provider will recommend one of the products for you to use after treatment.

Exercise and Tight fitting Clothing: Avoid immediately following hair removal treatment. Tight clothing may cause ingrown hairs.

Back or Chest: Bring a clean, white cotton t-shirt to your hair removal appointment.

Dead Sea Salts: Dissolve 1 part salts with water and apply mixture with cotton ball to ingrown area and let dry.

Spotting: When tiny red spots appear on the skin do not be alarmed as it will disappear quickly. This is a natural occurrence when hair is removed by the root. The bigger the root, the bigger the spot. This should last about an hour or so.

Please contact us at 281.556.1694 if you have any questions or need assistance.